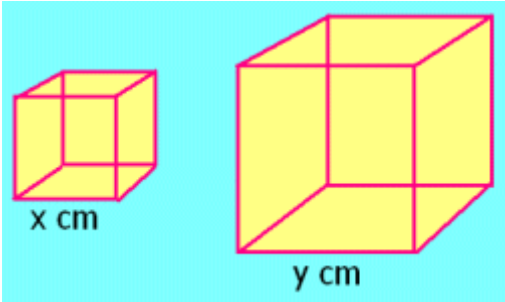
Risp 7: The Two Special Cubes

You are presented with two cubes,
one of side x cm, the other of side y cm, with $x < y$.



V is the total volume of the two cubes.
S is the total surface area of the two cubes.
E is the total edge-length of the two cubes.

You are given that E, S and V (taken in some order)
are in arithmetic progression.

What is the maximum possible value for y?

If y takes this value, then what is x?

A possibly helpful note:
a, b, and c are in arithmetic progression $\Leftrightarrow a + c = 2b$

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